



WEEK 1

Weekly Menu

MONDAY

Meat Free Monday

Butternut Squash & Red Pepper Jalfrezi

Lentil Dhal with Onion Bhaji

Vegetable Biryani
Curried New Potatoes
Mint Yogurt
Mango Chutney

Tomato & Basil Sauce

Baked Beans

Chocolate Flake Cheesecake

TUESDAY

Beef Bolognese & Pasta

Meat Free Bolognese Pasta

Garlic Bread
Tossed Salad
Roasted Broccoli

Tomato & Basil Sauce

Baked Beans

Raspberry & Vanilla Panna cotta

WEDNESDAY

Pork & Red Pepper Tagine

Moroccan Butternut Squash & Sweet Potato

Lemon Couscous
Toasted Pitta
Sour Cream Dip

Tomato & Basil Sauce

Baked Beans

Cadbury Crunchie Sponge Cake

THURSDAY

BBQ Chicken Wings

Cajan Cauliflower Wings

Potato Wedges
Spiced Beans
Sweetcorn

Tomato & Basil Sauce

Baked Beans

Cheesecake
Chocolate Brownie

FRIDAY

Breaded Fish Jumbo Sausage

Mushroom & Tarragon Frittata

Chips
Peas
Curry Sauce
Tartare Sauce

Tomato & Basil Sauce

Baked Beans

Lemon Drizzle

MAIN COURSE ONE

MAIN COURSE TWO

ON THE SIDE

PASTA & JACKET BAR

DESSERT



For allergen & nutritional information, please speak to a member of the team.



Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur Dioxide



Molluscs