

	The Gregg Schools Trust Proprietor of The Gregg School	Document Owner: Head of PSD/PSHE Lead
	Relationships & Sex Education (RSE) Policy Statement	Reviewed: June 2026
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The Gregg Schools Trust ("The Trust") is the parent company of The Gregg Schools, and for the purposes of the Independent Schools Standards Regulations (ISSRs) is identified as the Proprietor.

From the date of this policy until 31st August 2026, the Trust operated two schools:

- The Gregg Preparatory School in Winn Road, Southampton - a co-educational day school and pre-school for 4 to 11 year olds.
- The Gregg School at Townhill Park House, Townhill Park, Southampton - a co-educational day school for 11 to 16 year olds. This school is situated in buildings and grounds owned by the Trust.

From 1st September 2026, the two schools will merge onto the Townhill Park House site and the Winn Road building will close. As such, a material change will take place.

The Gregg School ('the School') will become an all-through school, providing high quality education for students aged 4 to 16 years.

This policy and procedure is applicable to all members of staff at both schools through until 31 August 2026, and continues to be applicable to all staff at the all-through school from 01 September 2026.

Definition of RSE – from Sex Education Forum

Relationships and Sex Education (RSE) is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. It should equip children and young people with the information, skills and positive values to have safe, fulfilling relationships, to enjoy their sexuality and to take responsibility for their sexual health and wellbeing.

The Gregg School takes its responsibility very seriously to provide relevant, effective and responsible Relationships and Sex Education (RSE) to all its pupils as part of the school's

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Personal, Social Development (PSD) curriculum. The Gregg School want parents and pupils to feel assured that sex education will be delivered at a level appropriate to both the age and development of those being taught.

In the Preparatory School, pupils receive Relationships and Health Education through the PSHE curriculum, focusing on friendships, family relationships, emotional wellbeing, personal safety, online safety, healthy lifestyles, puberty and preparing for the transition to adolescence.

In the Senior School, pupils continue their learning through the Personal, Social Development (PSD) curriculum, where relationships and sex education is taught in greater depth and complexity.

This teaching is not intended to replace advice or guidance which is received at home, but to supplement and broaden knowledge and understanding.

This policy statement is based upon the school's full RSE Policy, written in consultation with staff, pupils, parents and governors, and is reviewed regularly to reflect current statutory guidance and the needs of our school community.

Aims of Policy:

RSE is lifelong learning about physical, moral, social and emotional development. It is about teaching relationships, sexuality, health and wellbeing in a way that is fully understood and effectively retained by pupils throughout their development.

The purpose of RSE is to give pupils the knowledge, skills and confidence to lead healthy, safe and respectful lives and to care for themselves and others. It promotes self-esteem, resilience, respect, equality and inclusion, helping pupils to recognise healthy and unhealthy relationships, understand personal boundaries and consent, make informed choices and know where to seek support when needed

Provision:

The Gregg School follows the Department for Education statutory guidance: Relationships Education, Relationships and Sex Education (RSE) and Health Education - 2026

The curriculum is progressive and spiral in design, enabling pupils to revisit key themes throughout their time at school with increasing depth and maturity.

In the Preparatory School, Relationships and Health Education are delivered through the Jigsaw PSHE programme. In the Senior School, RSE is delivered primarily through the PSD curriculum, supported by learning in Science, Religious Education, PE and Computing.

Across the school, pupils learn about:

- Families and caring relationships
- Friendships and respectful behaviour
- Online relationships and online safety
- Personal safety and trusted adults
- Emotional wellbeing and healthy lifestyles
- Puberty and changing bodies
- Human reproduction

- Healthy and unhealthy relationships
- Consent and communication
- Sexual health and wellbeing
- Sexuality and gender
- Exploitation, harassment and abuse
- The law relating to relationships, sexual behaviour and personal safety

The programme is delivered and reviewed in consultation with staff, pupils and parents to ensure that it remains relevant, inclusive and responsive to the needs of all learners, including pupils with SEND and those from diverse family backgrounds.

Terminology

Pupils will be taught anatomically correct names for body parts, as well as slang and everyday terms used in social situations. This will be part of the discussion about what is, and what is not, acceptable language to be used. We recognise that the correct language used for body parts can be a key part in helping young people protect themselves from sexual assault or exploitation.

Ground rules are essential when discussing sensitive subject matter and staff will use strategies to enable pupils to feel comfortable to ask questions. If controversial questions are asked, the teacher will use their professional judgement about how to answer them and pupils will be allowed to raise anonymous questions if preferred.

We recognise that because of the nature of the subject sensitive and controversial topics are likely to arise. These may include, for example, abortion, emerging gender identity, sexuality and sexual abuse. These are dealt with within the framework of the aims of the school and of the Relationships and Sex Education policy as a whole. Any cause for concern will be dealt with in accordance to our pastoral and safeguarding systems.

Guest Speakers

Outside speakers are sometimes used to complement our teaching of this content, are asked to work within the framework of the school's Relationships and Sex Education policy and adhere to the policy for visiting speakers. A Gregg School teacher will be present throughout these lessons.

Withdrawal from RSE

The Gregg School aims to keep parents informed about all aspects of the RSE curriculum and urges parents to review this policy.

In the Preparatory School, parents have the right to request withdrawal from any non-statutory sex education elements taught beyond the National Curriculum for Science.

In the Senior School, parents have the right to request withdrawal from some or all of the sex education components of RSE up to three terms before their child turns 16. According to *Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory Guidance* paragraph 41-43, pupils can opt into sex education from three terms before their 16th birthday, without their parents' consent. Any parents considering withdrawing their child should contact the Headteacher, Mrs Sheri Sellers, or Deputy Head, Mr Steve Gillespie, to discuss their concerns.

Review and Evaluation

The educational and personal needs of our pupils develop in line with varying societal pressures and other changes. For this reason, we regularly review our RSE curriculum.

This policy and accompanying schemes of work will be reviewed annually and/or when changes are made to the DFE's RSE statutory guidance, to ensure that provision remains relevant, effective and compliant.